



1

NCFE CACHE Level 1 Award and Certificate in Personal & Social Development

Qualification facts

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nurturing achievement

About these qualifications

These qualifications provide a flexible framework for developing and recognising personal and social skills and provide clear routes for further learning and work. They can be taken as stand alone qualifications or as units used alongside other qualifications in the Foundation Learning progression pathways such as vocational qualifications and Functional Skills.

They have a range of units that allow the learner to achieve above and below the level of the qualification allowing clear routes for progression and are suitable for a variety of learners including: young people in schools and colleges needing to develop life skills and mature learners with special educational needs or where English is an additional language. They are part of Foundation Learning (FL) and you can find out more about funding for these and other qualifications on our website.

Entry requirements

There are no formal entry requirements for these qualifications but learners will need to be at least 14 years of age.

Experience in the workplace

Learners do not need to be working or undertaking practical placements to take these qualifications.

Qualification structure

Learners are able to achieve at both above and below this level as Level 1 and Entry Level (3) units have been included in the qualifications.	
Award criteria To gain the Award learners must achieve a minimum of 6 credits.	4 of these credits must be achieved at Level 1 or above. A minimum of 2 credits must be achieved from Group A. The remaining 4 credits can be achieved from either Group A or B.
Certificate criteria To gain the Certificate learners must achieve a minimum of 15 credits.	8 of these credits must be achieved at Level 1 or above. A minimum of 11 credits must be achieved from Group A. The remaining 4 credits can be achieved from either Group A or B.

Please note these qualifications have some common units with the Entry level Award and Certificate in Personal and Social Development (Entry 3), Entry level Award and Certificate in Caring for a Child/Children (Entry 3) and Award, Certificate and Diploma in Caring for Children. Learners will be able to transfer a maximum of 4 credits from the Level 1 Award and Certificate to these qualifications.

Group A units

Unit ref no.	Title	Unit type	Level	Credit
L/501/5913	Interview skills	PSD	2	1
M/600/7796	Dealing with challenges	PSD	2	2
K/502/0469	Developing self	PSD	1	2
F/501/5942	Planning an enterprise activity	PSD	1	1
F/501/5939	Running an enterprise activity	PSD	1	1
R/502/0479	Managing own money	PSD	1	2
K/600/3164	The changing nature of society in the UK	PSD	1	1
L/600/3139	Personal and social relationships	PSD	1	1
H/501/6887	Supporting others	PSD	1	3
A/501/6894	Contributing to a team	PSD	1	3
M/600/3134	Understanding personal identity	PSD	1	1

Group B units

Unit ref no.	Title	Unit type	Level	Credit
T/600/3250	Investigating a vocational area	PSD	2	2
F/502/0476	Healthy living	PSD	1	2
L/601/0110	Preparing for your next steps	VOC/PSD	1	4
R/601/0108	Healthy eating for families	PSD	1	4
J/601/3409	Supporting babies to play	VOC/PSD	1	3
R/601/3459	Contraception Information	VOC/PSD	EL3	1
A/502/0458	Individual rights and responsibilities	PSD	EL3	1

Total Guided Learning Hours for the Award 42 - 60 Total Guided Learning Hours for the Certificate 129 - 143

Assessment

All units will be individually internally assessed using a range of methods which could include: written assignments or tasks such as designing a leaflet or booklet, charts or diagrams or setting up an information board.

The qualifications will be pass or refer and all the assessment criteria for the chosen units must be achieved in order to obtain a pass.

Progression

Further progression opportunities will depend on the learner's abilities, but could include a broad range of destinations as outlined in Foundation Learning including:

- Level 1 Award, Certificate and Diploma in Caring for Children
- GCSEs
- other higher level PSD units and qualifications
- supported employment
- independent living.

For more information

Full details of these qualifications can be found on our website www.cache.org.uk or on our secure Centre website [cachezone](#)

CACHE was established in 1945 by the Ministry of Health under the name of the National Nursery Examination Board (NNEB). The board set the syllabus for the first national examination which took place in 1947. In 1994 the NNEB merged with the Council for Early Years Awards to form CACHE. In 2001 we incorporated the National Association for Maternal and Child Welfare and in 2015 we became part of NCFE. Over the years we have continually invested in high quality qualifications. Written and developed by experts, they have helped millions of learners across the world to raise professional standards, earning us a reputation for excellence and leadership across the sector. Our continued dedication to those who care for children, young people and adults means that our qualifications will continue to meet the needs of a modern workforce.
